

Primary PSHE Education: Long Term Overview (B)



	Autumn: Relationships			Spring: Living in the Wider World			Summer: Health and Wellbeing		
Unit:	Families and Friendships	Safe Relationships	Respecting Ourselves and Others	Belonging to a Community	Media Literacy and Digital Resilience	Money and Work	Physical Health and Mental Wellbeing	Growing and Changing	Keeping Safe
Class 1	PSED - Making relationships	PSED - Managing feelings and behaviour	PSED - Managing feelings and behaviour	Understanding the world - people and communities	Understanding the world - Technology	Understanding the world - People and communities (occupations)	PD - Health and Self Care	PSED - SC and SA	PSED - Managing feelings and behaviour
No Outsiders	The Family Book		Blue Chamelon	You Choose		Everybody Welcome	Hello Hello		Red Rockets and Rainbow Jelly
Class 2	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class/year	Safety in different environments; risk and safety at home; emergencies
No Outsiders	Want To Play Trucks?		Max the Champion	Your World, My World		All Our Welcome	What the Jackdaw Saw		Amazing
Class 3	Positive friendships; including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Personal identity; recognising individuality and different qualities; mental wellbeing	Medicines and household products; drugs common to everyday life
No Outsiders	Beegu		We're All the Wonders	The Truth About Old People		Alfred And Albert	Planet Omar: Accidental Trouble		This is Our House
Class 4	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transitions	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media
No Outsiders	Introducing Teddy		The Only Way is Badger	King and the Sky		The Day in the Life of Marlon Bundo	The Little Island		Leaf